Inositol

DESCRIPTION
Inositol, provided by Nature’s Source™, supplies 650 mg of inositol in an easy to swallow capsule.

FUNCTIONS
Inositol is found in all animal tissues, with the highest concentration found in the brain and heart. It is a component of the outer lining of all cells in the body, contributes to muscular and nerve function, and also plays a role in helping the processing of fats by the liver.

INDICATIONS
Inositol may be a useful dietary adjunct for individuals who wish to supplement their diet with inositol.

FORMULA (#80801)
Each capsule contains:
Inositol 650 mg

SUGGESTED USE
Adults take 1 capsule daily with meals or as directed by physician.

SIDE EFFECTS
No adverse side effects reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES


This product is not intended to diagnose, treat, cure, or prevent any disease.