Resveratrol
A Potent Antioxidant

DESCRIPTION
Resveratrol, provided by Nature’s Source™, supplies 200 mg of pure, Resvida™ trans-resveratrol in vegetarian capsules.

FUNCTIONS
Resveratrol is a naturally occurring plant polyphenol commonly found in grape vines and skins. Resveratrol is highly regarded as a powerful antioxidant and may play important roles in supporting normal cardiovascular and mitochondrial function.† Resveratrol may also be useful in supporting sustained muscle function and reducing muscle fatigue.† Recent studies demonstrate that it can help maintain normal oxidative responses in human and animal cells. Other studies indicate it may also be supportive in maintaining the normal aging process, by helping to prevent free radical damage that can lead to premature aging of cells.† This product contains Resvida, a pure resveratrol clinically studied for its safety. Resvida is unique among other resveratrol-containing ingredients, as it is not a plant extract, is not derived from plant sources and presents no risk for contamination with pesticides and other potentially unwanted compounds.

INDICATIONS
Resveratrol may be a useful supplement for individuals wishing to consume this well documented antioxidant.

FORMULA (200244)
1 Vegetarian Capsule Contains:
Resveratrol (as trans-resveratrol) 200 mg
Other ingredients: Cellulose (capsule), microcrystalline cellulose, vegetable stearate, silica and titanium dioxide.

SUGGESTED USE
Adults take 1 capsule daily with meals or as directed by your healthcare professional.

SIDE EFFECTS
No adverse effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.
REFERENCES


This product is not intended to diagnose, treat, cure, or prevent any disease.